

— FULL ENGLISH BREAKFAST

served until 11:30

**The Full English**

€12.50

*One egg, two sausages, two bacon slices, vine tomatoes, baked beans in a ceramic dish, a golden hash brown, sautéed mushrooms with a fresh thyme sprig, and toast. The works.*

**Breakfast Sandwich**

€6.50

*Your choice of filling in soft bread — egg & bacon · sausage & bacon · egg only. Simple, satisfying, done right.*

— PANCAKES

**Banana & Nutella**

€8.00

*Fluffy stack with sliced banana, warm Nutella drizzle and a dusting of icing sugar.*

**Berries, Greek Yogurt, Fruit Compote & Honey**

€8.00

*With a drizzle of honey-berry coulis, fresh whole berries and creamy Greek yogurt.*

— SOMETHING LIGHTER

**Yogurt Pot** *vegetarian*

€6.00

*Creamy Greek yogurt layered with house fruit compote, crunchy granola, fresh whole berries and a drizzle of honey.*

**Sourdough & Avocado** *vegetarian*

€7.50

*Toasted sourdough topped with sliced avocado, a sprinkle of chilli seeds and a squeeze of lemon. Clean, fresh, satisfying.*

**Sourdough, Tomato & Onion** *vegetarian*

€8.00

*Smashed avo on sourdough elevated with ripe chopped tomatoes, red onion and fresh herbs. A little bit of everything.*

— OMELETTES

*all served with sourdough toast*

**The Classic** *vegetarian*

€8.50

*Cheese. Simple, fast, universally loved.*

**The Savoury**

€9.00

*Ham and sautéed mushrooms folded into a golden omelette. Hearty, classic, deeply satisfying.*

— **TOASTIES** *on a board with chilli jam & rocket*

**Cheese** *vegetarian* €5.50

*Melted cheese in golden toasted bread.*

**Ham & Cheese** €6.50

*Sliced ham and cheese, pressed and toasted until perfectly golden.*

**Cheese & Red Onion** *vegetarian* €6.00

*Cheese with red onion. A favourite for good reason.*

**Tuna & Red Onion** €6.50

*Tuna mayo with red onion, pressed and toasted to perfection. Comforting and classic.*

— **SANDWICHES** *white or sourdough · with side salad*

**BLT** €7.50

*Crispy bacon, cos lettuce and ripe tomato with a generous spread of mayo on toasted bread.*

**Tuna Mayo** €7.00

*House tuna mayo with cucumber and red onion on your choice of bread.*

— **MAINS**

**The Burger** €13.00

*Beef patty in a bun with cheese, rocket, tomato and onion. Served with chips.*

**Soup of the Day** *vegetarian* €6.50

*Ask your server for today's soup, made fresh each morning. Served with a side of sourdough.*

**The Algarve Salad** *vegetarian* €9.00

*Mixed leaves, cherry tomatoes, avocado, feta, olives, lemon and olive-oil dressing with oregano.*

**The Garden Salad** *vegetarian* €8.00

*Crisp leaves, cucumber, cherry tomatoes, red onion, house dressing. Simple and clean.*

— **KIDS BOX** *for our little ones*

**Kids Box** €9.00

*Choice of toastie, sandwich or burger with chips or veggie sticks, a house-made date energy ball, and a drink — smoothie, apple juice, orange juice or water. Comes with a little gift to take home.*

— **SIDES**

**Chips** €4.50

**Side of Sourdough** €2.00

**Veggie Sticks** *kids only* €2.00

**Cake** *selected daily* €3.50

**Energy Ball** €1.50

*A house-made date energy ball.*

— **HOT COFFEE**

**Espresso** €1.50

*Short, bold, unapologetic. A single shot of pure coffee at its finest.*

**Double Espresso** €2.50

*For those who mean business. Two shots, straight up.*

**Americano** €2.50

*Espresso gently lengthened with hot water. Smooth, clean, endlessly drinkable.*

**Flat White** €3.00

*A double shot of espresso with velvety steamed milk. Strong, smooth, just the right size.*

**Cappuccino** €3.00

*Equal parts espresso, steamed milk and silky foam. A timeless classic.*

**Latte** €3.50

*Espresso with a generous pour of steamed milk and a delicate layer of foam.*

**Flavoured Latte** €4.00

*Vanilla, caramel or hazelnut. Your latte, made a little more indulgent.*

**Mocha** €3.50

*Rich espresso swirled with velvety chocolate and steamed milk.*

**Hot Chocolate** €3.50

*Deeply rich and warming, made with real chocolate and steamed milk. Finished with a dusting of cocoa.*

— **TEA**

*milk or lemon on the side*

**English Breakfast** €2.50

*A proper brew. Bold, malty, made to be drunk with or without milk.*

**Earl Grey** €2.50

*Delicate black tea lifted by fragrant bergamot. Elegant and timeless.*

**Green Tea** €2.50

*Light, fresh and gently grassy.*

**Peppermint** €2.50

*Cool, clean and naturally caffeine-free.*

**Chamomile** €2.50

*Soft, floral, wonderfully soothing.*

— **ICED DRINKS**

*because it's the Algarve*

**Iced Coffee** €3.50

*A shot of bold espresso poured over ice, finished with cold milk.*

**Iced Latte** €4.00

*Cold milk over ice, crowned with a slow pour of espresso. Watch the layers settle before you stir.*

**Iced Flavoured Latte** €4.50

*Your iced latte with a shot of vanilla, caramel or hazelnut.*

— COLD DRINKS

**Orange Juice** €2.50

*Chilled and refreshing. Served over ice.*

**Apple Juice** €2.50

*Cold-pressed and chilled. Crisp and naturally sweet.*

**Soft Drinks** €2.50

*Coca-Cola · Diet Coke · Fanta · Sprite · Iced Tea.*

**Still Water** €1.50 / €3.00

*Chilled .75l or 1.5l bottle.*

**Sparkling Water** €2.50

*Chilled 330ml bottle.*

— ALCOHOL

*from midday*

**House Sangria** €16

*Made fresh in-house with red wine, seasonal fruit and a splash of brandy. Served over ice — the taste of the Algarve in a glass. Glass or jug.*

**Beer** €4.00

*Cold, crisp, well-deserved. Ask your server for today's selection — draught or bottled.*

**House Wine** €4.00 / €14.00

*Red, white or rosé — chosen to pair beautifully with our food. Glass or carafe.*

**Spirits & Mixers** €5.00

*Gin, vodka, rum and more. Ask your server.*

**Shots** €5.50

— SMOOTHIES *blended fresh · €5.50 each*

**Hawaiian Fantasy**

*Strawberry & banana. Sweet, simple, always a crowd-pleaser.*

**Tropical Breeze**

*Melon, mango & strawberry. A taste of the islands in every sip.*

**Mexican Rush**

*Mango, pear & pineapple. Bright, bold, bursting with sunshine.*

**Caribbean Dream**

*Raspberry, cherry, mango & apple. Luscious, vibrant, deeply refreshing.*

**Jamaican Sensation**

*Raspberry, blackberry, pineapple & banana. Bold berries meet tropical sweetness.*

**Blueberry Burst**

*Açaí, blueberry, banana & mango. Packed with antioxidants.*

**Ginger Zinga**

*Ginger, apple, spinach, carrot & lemon zest. A zingy, energising kick.*

**Green N Lean**

*Broccoli, spinach, celery, banana & pineapple. Clean, green, seriously good for you.*